

ASP PACKING SUGGESTIONS - PAGE 1

GENERAL GUIDELINES

Laundry facilities are NOT available. Bring enough clothes for the week. Expect work clothes to get dirty, sweaty, painted and tarred. Do not bring your favorite clothes. Pack inexpensive clothing purchased at yard sales or thrift stores and items you would not mind getting really dirty and trashed.

NO VALUABLES should be taken on the trip. Please leave them home.

PERSONAL ITEMS

Work Clothes – Shirts with sleeves and long pants MUST be worn at all times at the work site. This is a safety issue. We recommend wearing hard-soled shoes at the work site. And sneakers when working on a roof. Pack a long-sleeved tee shirt and baby powder in the event your team will be working with fiberglass insulation.

Leisure Clothes – Pack comfortable, discrete clothing to wear at the center. Shirts must be worn at all times. When leaving the center, walking shorts, Bermuda shorts or jama's and tee shirts are acceptable attire UNLESS your group is notified otherwise by the Center Director prior to your arrival.

DO NOT PACK – Short shorts, shirts ripped out at the seams, half shirts (baring midriffs), sleeveless shirts, halter tops, spaghetti strap tops, tank tops, muscle shirts, tight bike pants or shorts or any article of clothing that has bad language or inappropriate logos/slogans (expressing alcohol/beer slogans and/or obscenities, etc.). These types of clothing are unsafe and may be unacceptable in the communities or at families' homes. Do not bring a bikini bathing suit for the picnic and swimming. Plan to wear a nice one piece or appropriate two piece suit.

Items to pack in Individual duffle bag for the week:

Personal toiletries (soap, deodorant, shampoo, toothbrush, toothpaste, etc.)
Shorts, Sweatpants, tee shirts for the trip to, the week(evenings) at the center and trip home.
Jeans (min 3-5 pair) and tee shirts for each workday / belt if necessary / Overalls acceptable
Air mattress (Single) OR Cot
Sleeping bag or bedroll & pillow
Underwear/socks for the week
Raincoat or poncho
Light jacket/Sweatshirt
Hat
Swimsuit (no bikinis or Speedos)
Insect repellent
Sunscreen
Flashlight
Pen & Paper
Personal fan (optional)
Clothesline (20-30ft)
Showering shoes/flip flops
Bible
Small inexpensive camera (optional)

ASP PACKING SUGGESTIONS - PAGE 2

Suggested Personal Tools:

Hammer	Tape Measure	Regular & Phillips Screwdrivers
Work Gloves	Safety Goggles	Pencils
Pry Bar/Wrecking Bar	Pliers	Utility Knife
Nail Apron	Ear plugs/protection	Face Mask

Note: all tools should be marked, labeled, engraved with individual name or initials on them.

Cellphones: Cellphones may be taken on the trip at the risk of the owner. They are to be used only for emergency purposes and for phone calls to home in the evening when there is free time. They should NOT be taken to the work site. In most cases there will not be any cell service in the mountains where we serve. All participants must be respectful of others when using them. They should not be used during mealtime, devotions, Evening Gatherings, etc.. texting should be kept to a minimum. The Adult leaders on the trip will reserve the right to hold a cellphone for an individual who has difficulty with these guidelines.

Medications: All volunteers should bring any medications they need – both prescriptive and over-the-counter. These should be packed carefully for individual consumption as required/necessary.

GROUP LEADERS/TEAMS

Suggested Additional Packing Items:

Tarps	Broom	Putty Knives
Utility knives w/blades	Paint rollers/brushes	Scrapers
Picks/Shovels	Wheelbarrow	Cement tools - trowel/float/edger
Chisels	Files	Extension Cords- (w/3 prong adapter)
Circular Saw	Jig Saw w/blades	Drill(s) w/bits
Socket Set	Chalk Line	Level
Square(s)	Hand Saw	Staple Gun/Staples
Tin/Wire Snips	Saw Horses	Portable Table Saw
Clamps	Securing Straps	Cooler for lunches/snacks
Water Jugs	First Aid Kits (1/team)	Devotional Materials
Musical Instruments	Ladder(s)	Spackling Tools